

**JOIN US**

everyone  
ACTIVE



**NEW**

# Gainsborough Wellbeing Walk



**Every Tuesday at 9:30am**  
**West Lindsey Leisure Centre, The Avenue,**  
**Gainsborough, DN21 1EP**



Join our free and friendly short walk



At your own pace and suitable for all abilities



Friendship, fresh air and fitness

 **RAMBLERS**

**WELLBEING**

**WALKS**

For more info contact: T: 01522 544 632 E: [wellbeingwalks@lincolnshire.coop](mailto:wellbeingwalks@lincolnshire.coop)  
W: [lincolnshire.coop/wellbeing-walks](http://lincolnshire.coop/wellbeing-walks)